

Carolina Health Care Academy Nurse Aide I Program Syllabus (2024-2025)

Instructor: Abu Sam Bangura

Office Hours: Tues and Thurs: 4PM – 6PM

Contact Phone: 910-489-6173

Contact Email: info@carolinahealthcare.academy

Lecture/Laboratory Class Schedule: Mon – Thurs: 8:00AM – 4:00PM

Clinical Rotation Schedule: Mon – Thurs: 7:00AM – 3:30PM

PROGRAM DESCRIPTION:

This 5-week program is designed to prepare a person to function as a Nurse Aide I. After passing the Nurse Aide I program, students will be qualified to schedule to take a state certification exam at Credentia. Successful students will earn a certificate that allows them to obtain gainful employment in the health care industry. The program includes a blend of lecture, campus laboratory, and 32 hours of clinical rotation at a health and rehabilitation home. Students will receive a total of 144 hours of training.

PROGRAM REQUIREMENTS:

1. High School Education or Recognized Equivalency
2. NC and FBI Criminal Background Check
3. NC Driver's License or NC state-issued photo ID
4. Hepatitis Vaccine and negative TB skin test
5. Students will be assigned a clinical rotation location. Students are required to wear solid colored Carolina blue scrub tops and pants and plain white or black tennis shoes and must wear their ID Badge at all times. Students will be notified prior to clinical rotation if they are required to meet additional clinical location specified immunization and health requirements.

PROGRAM GOALS:

Upon successful completion, students should be able to acquire the specialized skills and knowledge necessary to care for a patient's physical, emotional, social, and spiritual needs under the direction of a registered nurse. Students will be able to demonstrate competence in the application of selected psychomotor skills in the clinical setting and behavioral responses to actual and potential health problems in health care. These include the following but not limited to:

1. Bathing, bed making, feeding, elimination and mobility.
2. Use of effective communication with patient, family and health care team.
3. Perform tasks such as vital signs and reporting.
4. Use terminology applicable to the Nurse Aide I
5. Collecting stool and urine specimens.
6. Role and responsibilities of the Nurse Aide I.
7. Perform all procedures within applicable Infection Control Guidelines.

PROFESSIONAL LICENSING/CERTIFICATION:

Students who successfully complete the program will qualify to sit for the National Nurse Aide Assessment Program (NNAAP) Nurse Aide Exam offered through Credentia.

TEXTBOOKS:

- *Mosby's Textbook for Nursing Assistants, 10th edition*, by Sorrentino and Remmert, © 2021
- *Mosby's Textbook for Nursing Assistants (Workbook and Competency Evaluation Review), 10th edition*, by Sorrentino and Remmert, © 2021

GRADING:

To successfully complete the program, student must achieve a minimum of 75 percent of total grades. The theory component is weighted at 75%, the 4 quizzes are weighted at 20% and a clinical project will be weighted at 5% to collectively comprise 100% of total grades. Quizzes and final exam questions will be drawn from students reading materials and lectures. Students' skills competency will be evaluated in the skills lab through return demonstration of evaluative activities completed in each skill. Students must complete all evaluative activities from skills check off sheet. Students will be graded for the skills performed as Satisfactory / Unsatisfactory / Incomplete and are only credited a PASS when the skill is performed as Satisfactory.

ATTENDANCE AND MAKEUP POLICY:

Students must be able to attend all classes during the 5-week session. A student who misses 3 consecutive classes will be dropped from the program. A student who misses a class will be required to do a make up in the form of an assignment or project based on topic/s missed during his/her absence. The school however will accommodate certain extenuating circumstances for students with valid excuses. (*This will be at the sole discretion of the school director.*)

ACKNOWLEDGEMENTS & SPECIAL DISCLOSURES:

Special Needs - Students in need of special accommodations should notify the school administrator in writing.

Traditional Face to Face Classroom environment

REFUND POLICY:

A full refund will be issued to students who withdraw before the first day of class, or if the school cancels the course for whatever reason. Students who begin instruction but withdraw prior to the twenty-five percent (25%) mark of the program will receive a seventy-five percent (75%) refund. No refunds will be considered after the 5th class day of this course. The school however will consider a credit towards retaking our Nurse Aide I class to accommodate certain extenuating circumstances for students with valid excuses. (*This will be at the sole discretion of the school director.*)

PROGRAM OUTLINE:

(See attached curriculum and teaching methodology form provided to DHHS)

*Students are assigned a clinical location during the first week of class.

Lecture Hours: 64 + Campus Lab Hours: 48 + Clinical: 32 = 144 Total Hours

Week 1 Lectures:

The Nurse Aide I (Module A), Measurement (Module AA), Infection Prevention (Module B), The Resident's Environment, Safety and Emergency (Module C), Communication (Module D), Law and Ethics (Module E), Dignity (Module F), Restorative Care (Module G).

- 16 Lecture Hours
- 12 Lab Hours
- Textbook Chapter 1, 5, 7, 13, 14, 33, 21 + Quiz

Course Description: Understanding the role and responsibilities of the Nurse Aide I in a health care setting.

Course Outcomes: After completing the course, students will be able to:

- Describe the role and responsibilities of a Nurse Aide I in a health care setting.
- Collect accurate patient's vital signs, height, weight, intake and output and record data in appropriate document. (Skills lab to follow with skills video, practice and return demonstration by students).
- Identify the Nurse's Aide role in preventing the spread of infections in a health care setting. Understanding the cycle of infection – handwashing – use of personal protective equipment – gowns, gloves, masks. Blood borne pathogens – implications for the patient.
- Recognize and respond to emergencies: – falls, choking, bleeding, medical, fire, weather. Skills lab to follow with skills video, skills practice and return demonstration by students.
- Understand the importance of effective communication in the health care setting and the role of the Nurse Aide I – implications. Communicating with health care team. Reporting, flow sheet Skills lab to follow with skills video, practice and return demonstration by students.
- Explain and identify the dos and don'ts in the health care setting: the patient's right, dignity issues, informed consent.
- Practice skills and procedures successfully based on topics covered with a 100% return demonstration.
- Week 1 Quiz (5 points)

Week 2 Lectures:

Body Systems (Module H), Body mechanics (Module I), Nutrition and Foods (Module J), Restraints (Module K), Elimination (Module L), Communicating with Health Care Team (Module M), Incident Report (Module N), Critical Thinking (Module O)

- 16 Lecture Hours
- 12 Lab Hours
- Textbook Chapter 7, 10, 13, 15, 18, 29, 30, 31, 32 + Quiz

Course Description: Understanding the role and responsibilities of the Nurse Aide I in a health care setting.

Course Outcomes: After completing the modules, students will be able to:

- Identify the basic functions of the body systems.
- Understand and demonstrate safe ways of positioning and transferring a patient.
- Describe the general types of nutrients that essential for health.
- Demonstrate how to prepare a patient for a meal.
- Describe how to measure and record meal and fluid intake.
- Understand the hazards associated with restraints use.
- Describe the conditions that must be met before a restraint is applied and actions the Nurse Aide I must take to keep a patient with restraint safe.
- Assist patients with elimination in a sensitive and professional way.
- Perform skills lab to follow with skills video, practice and return demonstration by students.
- Practice skills and procedures successfully based on topics covered with a 100% return demonstration
- Week 2 Quiz (5 points)

Week 3 Lectures:

Family and Family Support (Module P), Person Centered Care (Module Q), Aging (Module R, S), Disease (Module T), Mental Health (Module U), Pain (Module V), End of Life (Module W), Threads of Care (Module Z)

- 16 Lecture Hours
- 12 Lab Hours
- Textbook Chapter 4, 12, 16, 35, 59 + Quiz

Course Description: Understanding the Role and Responsibilities of the Nurse Aide I in a health care Setting.

Course Outcomes: After completing the modules, students will be able to:

- Describe the effects of chronic illness on families.
- Discuss of family centered care.
- List the 5 principles of care and describe how a Nurse Aide I communicates professionally with families.
- List the stages of human growth and development.
- Describe the basic physical changes with each stage.
- Explain the concepts of sexuality and intimacy.
- Describe the characteristics of several common conditions that people receiving health care may have.
- Discuss mental health and mental health symptoms.
- Identifying triggers and minimizing challenging behaviors of mental health.
- Define pain and describe the different types of pain.
- The role of the Nurse Aide I in promoting comfort, rest and pain management.
- Describe the role of the Nurse Aide I in providing care for people at the end of life.
- Practice skills and procedures successfully based on topics covered with a 100 % return demonstration
- Week 3 Quiz (5 Points)

Week 4 Lectures:

Summary Review: Measuring Vital Signs, weight and Height (Module AA), Infection Prevention (Module B), Communication (Module D), Laws and Ethics (Module E), Nutrition and Fluids (Module J), Basic Restorative Care (Module G), Threads of Care (Module Z).

- 16 Lecture Hours
- 12 Lab Hours
- Textbook Chapter 16, 20, 22, 24, 25, 33, 35 + Quiz

Course Description: Understanding the Role and Responsibilities of the Nurse Aide I in a Health care Setting. Skills practice lab to promote the understanding of the role and responsibilities of the Nurse Aide I in a health care setting.

Course Outcomes: After completing the modules, students will be able to:

- Define the key terms and abbreviations in this course.
- Will be able to explain how vital signs, weight, height and meal intake are measured.
- Able to discuss the importance of measuring, reporting and its implications for the health care setting.
- Explain the chain of infection.
- Describe health care associated infections and the persons at risk
- Review the importance of nutrition and fluids in patients in the health care setting.
- Demonstrate the importance of restorative care in the health care setting.
- Practice skills and procedures successfully based on topics covered with a 100 % return demonstration.
- Week 4 Quiz (5 points)

Week 5:

Clinical Rotation:

- 32 Clinical Hours
- Textbook : Materials/ Chapters covered for course:

Course Description: Clinical skills rotation in a health care and rehabilitation care facility for 32 hours (Mon – Thurs: 7:00AM – 3:30PM.)

Course Outcomes: After completing the modules, students will be able to:

- Utilize their knowledge and skills acquired in the classroom to real life situations under the guidance of a clinical instructor.
- Demonstrate effectively the various Nurse Aide I skills and procedures encountered during the clinical rotation.
- Practice skills and procedures successfully based on topics covered with a 100% return demonstration.

Clinical Expectations:

- All students (no more than 10 students) will be assigned to one clinical instructor at a designated clinical site for four 8-hour days (Monday – Thursday).
- Students are required to wear solid colored Carolina blue scrub tops and pants and plain white or black tennis shoes.
- Students must have a stethoscope, wrist watch and a note pad.
- Students will be credited for the clinical skills performed as Satisfactory/Unsatisfactory/Incomplete.

FINAL EXAM INFORMATION:

Mock Exams to test students' knowledge and readiness to take the Nurse Aide I Certification Exam